

Participant Resources Activities & Events Calendar

August 2017



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Participant Resources provides complimentary counselling services for participants. To make a confidential appointment with the counsellor, email: counselling_services@banffcentre.ca</p>		<p>1 Writing Workshop Tuesdays, 7pm-8pm Cost: Free Paul D. Fleck Library & Archives Artists, practicums, and staff are invited to drop in to take part in writing exercises, readings, and roundtable discussion at this weekly event.</p>	<p>2</p>	<p>3 Mindfulness Session Aug 3rd, 2pm, The Yurt Drop in to this mindfulness session with Trish Huston to increase your energy, happiness, resilience and productivity as well as help you manage the stress that comes your way.</p>	<p>4 Quoted "Life is a lot like jazz– it's best when you improvise" -George Gershwin</p>	
<p>6</p>	<p>7</p>	<p>8 Mindfulness Session Aug 8th, 10am, The Yurt Drop in to this mindfulness session with Trish Huston to increase your energy, happiness, resilience and productivity as well as help you manage the stress that comes your way.</p>	<p>9 Open Studios: Visual & Digital Arts Aug 9th, 4-7pm, Glyde Hall Tour the studios and meet the artists-in-residence from the BAiR program. Complimentary beverages and snacks will be provided.</p>		<p>11 Jazz Club Aug 11th, 8pm, The Club Musicians from the International Workshop in Jazz & Creative Music program perform with their internationally acclaimed mentors in evenings of experimentation. Curated by Vijay Iyer. Cost: Free</p>	<p>12 Saturday Night Jazz Aug 12th, 7:30pm, Margaret Greenham Theatre Vijay Iyer leads world-renowned faculty and participants through an evening of jazz and creative music exploration.</p>
<p>13 Lake Louise Trip Aug 13th, 10am-5pm Cost: \$5 Visit this iconic and beautiful lake in the mountains. Wander through the Chateau, walk around the lake, go hiking, sip tea from the teahouse & enjoy the scenery! <i>Sign up in Participant Resources</i></p>		<p>15 Jazz Club Aug 15th, 8pm, The Club Musicians from the International Workshop in Jazz & Creative Music program perform with their internationally acclaimed mentors in evenings of experimentation. Curated by Vijay Iyer. Cost: Free</p>	<p>16 Jazz Club Aug 16th, 8pm, The Club Musicians from the International Workshop in Jazz & Creative Music program perform with their internationally acclaimed mentors in evenings of experimentation. Curated by Vijay Iyer. Cost: Free</p>	<p>17 Artist Coffee Break! Aug 17th, 2pm-4pm Participant Resources Office Join us for coffee, tea, and treats in the resource room. Arts participants, faculty, practicums, and residents are all welcome.</p>	<p>18 Jazz Cabaret Aug 18th, 8pm, Cost: Free Rolston Recital Hall, Join renowned jazz faculty Tyshawm Sorey as he leads the participants through Conduction: music that happens in the moment.</p>	<p>19 Drawn To Nature Aug 19th, 10am, Cost: Free Cave & Basin Historic Site The Banff Centre presents this very popular series of drawing workshops. Materials will be provided. A great time! Call 403.762.6281 to register</p>
<p>20 Artist Bonfire August 20th, 7pm-9pm Cost: Free, behind JPL at the fire pit It's time to have some fun gathering around the fire! Roast hot dogs, veggie dogs & s'mores, share stories & meet new friends! <i>Sign up in Participant Resources</i></p>	<p>21 Quoted "What we play is life" -Louis Armstrong</p>	<p>22 Mindfulness Session Aug 22nd, 10am, The Yurt Drop in to this mindfulness session with Trish Huston to increase your energy, happiness, resilience and productivity as well as help you manage the stress that comes your way.</p>	<p>23 Jazz Club Aug 23rd, 8pm, The Club Musicians from the International Workshop in Jazz & Creative Music program perform with their internationally acclaimed mentors in evenings of experimentation. Curated by Vijay Iyer. Cost: Free</p>	<p>24 Jazz Club Aug 24th, 8pm, The Club Musicians from the International Workshop in Jazz & Creative Music program perform with their internationally acclaimed mentors in evenings of experimentation. Curated by Vijay Iyer. Cost: Free</p>	<p>25 Jazz Club Aug 25th, 8pm, The Club Musicians from the International Workshop in Jazz & Creative Music program perform with their internationally acclaimed mentors in evenings of experimentation. Curated by Vijay Iyer. Cost: Free</p>	<p>26 Saturday Night Jazz Aug 26th, 7:30pm, Margaret Greenham Theatre Vijay Iyer leads world-renowned faculty and participants through an evening of jazz and creative music exploration.</p>
<p>27</p>	<p>Canoe Vouchers We have vouchers for purchase from The Banff Canoe Club. Enjoy a lovely paddle on our gorgeous Bow River. Inquire at Participant Resources. *Choose your own time/day www.banffcanoecub.com</p>		<p>30</p>	<p>31 Mindfulness Session Aug 31st, 2pm, The Yurt Drop in to this mindfulness session with Trish Huston to increase your energy, happiness, resilience and productivity as well as help you manage the stress that comes your way.</p>		<p>Banff Hot Springs Open: 10am-10pm Relax in the comfort of the hot springs & ease your sore muscles. Get your ticket for only \$5 from the Participant Resources Office. *Choose your own time/day</p>

Participant Resources

Events are open to all arts participants, including artists, practicums, and faculty.

Banff Centre staff are welcome if space permits.

To sign up for events, or if you have any questions or concerns, contact Participant Resources.

How to Reach Us

Participant_Resources@banffcentre.ca

(+1) 403-762-6269

Located on the main level of the Sally Borden Building

Open
Mon, Wed, Fri: 9am - 5pm
Tues, Thurs: 9am - 8pm
Saturday: Closed
Sunday: 3pm - 8pm

Closed daily 12pm-1pm
Open all Statutory Holidays

Hours subject to change

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CENTRE FOR ARTS AND CREATIVITY

For other Banff Centre events check out what's on at www.banffcentre.ca/events/calendar